

Relief Insert[®] 2.0 Product Family

Foot-Positioning Orthosis | Lower Leg Foot Orthosis | Achilles-Walker



One product -
multiple
applications





Relief Insert® 2.0

Foot-Positioning Orthosis

Safe
positioning
directly
in the
operating
theatre.

The Splinting System is used to position the lower leg to the foot at a 90° angle.

The DAW Achilles Wedges can be used to relieve the Achilles tendon to achieve full contact with the foot.



**Pump
+ Valve**



**Automatic
modification
of the width**
For unhooking,
if necessary



**Exchangeable
insole**



Indications

For general use in conservative and post-operative therapy of lower leg, ankle and foot injuries:

- Pre- and postoperative support
- Pes equinus prophylaxis
- Post-traumatic stabilisation / immobilisation
- Immobilisation following an accident
- Short-term stabilisation (ligament rupture, luxation, fractures, wounds, strains, sprains, etc.)

For use with heel wedges for positioning in case of:

- Tendinitis in the Achilles tendon area
- Plantar flexion contracture of more than 10°
- Shortening of the calf muscles
- Achilles tendon ruptures
- Postoperative use for Achilles tendon suture
- Postoperative use for removal of Haglund's exostosis



Relief Insert® Walker 2.0

Lower Leg Foot Orthosis

Splinting system and **Walker** rolled into one.

The Splinting System becomes a mobilising Lower Leg Foot Orthosis by fitting the Relief Dual® Plus Off-Loading Shoe. The Relief Insert® Walker 2.0 can be customised with all kinds of DARCO Arch Cushion Insoles for additional plantar pressure relief.

The PegContour® Insole Uni – a peg arch cushion insole with heel contour and memory foam effect – pre-fitted in the walker achieves optimum pressure redistribution. Removal of single pegs allows individual adjustment and enables selective pressure relief.



Included with delivery:

- 1 Relief Insert® 2.0 | Splinting System
- 2 PegContour® Insole Uni | Universal Peg Arch Cushion Insole
- 3 Relief Dual® Plus | Off-Loading shoe

Indications

- Arthrodesis of the first TMT joint (lapis arthrodesis)
- After metatarsal fracture surgery
- After hallux valgus surgery
- After hallux rigidus surgery
- After hammer and claw toe surgery
- Fractures of the phalanges
- After surgery on the rearfoot
- For ligament rupture of the ankle joint
- Postoperative use after removal of Haglund's exostosis (with intact Achilles tendon)
- Pre- and postoperative / post-traumatic immobilisation of the lower leg / foot, stable foot or ankle fractures, severe ankle sprains
- Upper ankle joint arthrodesis
- Postoperatively after Weber fractures



Relief Insert® Walker 2.0 Achill

Lower Leg Foot Orthosis with Achilles Tendon Relief

Relief of the Achilles tendon.

The Relief Insert® Walker 2.0 Achill is a Lower Leg Foot Orthosis with 3-piece wedge set for Achilles tendon relief.

The elevation and the acute foot angle can be adapted to the patient by varying the number of wedges used. 3 wedges are equivalent to 120°. Removal of the wedges step by step allows the angle of plantar flexion to be adapted to the therapy course.

The open and soft heel area provides good air circulation.



Included with delivery:

- 1 Relief Insert® 2.0 | Splinting System
- 2 DAW | Heel Wedges for Walkers
- 3 Relief Dual® Plus | Off-Loading shoe

Indications

- Achilles tendon ruptures

Postoperative use:

- For Achilles tendon suture
- After removal of Haglund's exostosis

Maximum stability through customised fitting

The Benefits

3-in-1: The individual, removable elements allow the product to be used in many areas:

1. As a Splinting System e.g. already in the operating room
 2. With the Relief Dual® PlusOff-Loading Shoe as a Lower Leg Foot Orthosis
 3. With DAW Achilles wedges (3-piece kit) as an Achilles-Walker for customised pes equinus prophylaxis
- Simple bandage check as the shoe can be easily removed and put on again
 - Additional support with optional forefoot strap (included)

High patient acceptance

- Soft heel area thanks to the splint opening
- Slim design
- Low weight
- Hygienic through removal of the shoe and replaceable lining, machine washable at 60°C
- Low heat generation

Integrated pump

For stabilisation in the ankle area, the volume of the air chambers can be increased and is therefore customisable. The air volume can be reduced by operating the valve.

Features

- For postoperative mobilisation and stabilisation
- Physiologically correct gait pattern
- Sustainable therapy concept in conjunction with the Relief Dual® PlusOff-Loading Shoe
- Universal fit for right and left
- Exchangeable insole



Right = Left



Exchangeable insole



Low weight

Automatic width adjustment

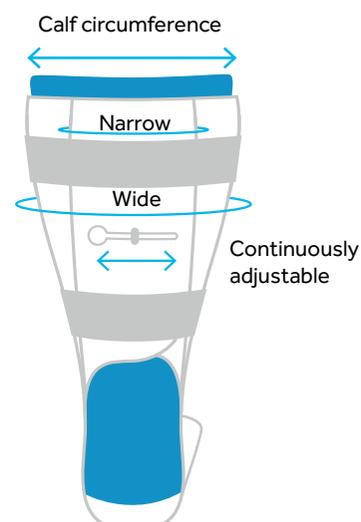
The innovative shell technology allows the width of the orthosis to be automatically adjusted to the circumference of the patient's calf. The resulting soft tissue compression creates additional stability in the lower leg / foot area. The adjuster can also be unhooked in case of particularly strong calves.



Calf circumference Narrow



Calf circumference wide





Sizes and Measurements



Relief Insert® 2.0

Size	Shoe Size	Insole				Shaft height	Art. No.
		A	B	C	D		
S	37.0 - 41.0	26.0	10.5	6.5	34.3		RIX2-1
M	41.5 - 43.0	27.5	11.0	6.5	36.3		RIX2-2
L	43.5 - 47.0	31.0	12.5	7.5	40.7		RIX2-3

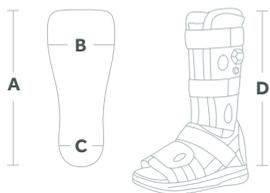


Relief Insert® Walker 2.0



Relief Insert® Walker 2.0 Achill

Size	Shoe Size	Insole				Shaft height	Art. No.	Art. No.	Size	
		A	B	C	D				Toe Cap, Insole	Devisys® Spikes
XS	37.0 - 38.5	24.6	9.5	6.0	38.3		RIW2W-0	RIW2W-0	WM	1
S	39.0 - 41.0	26.0	10.5	6.5	38.3		RIW2W-1	RIW2W-1	MS	1
M	41.5 - 43.0	27.5	11.0	6.5	40.3		RIW2W-2	RIW2W-2	MM	2
L	43.5 - 45.0	29.0	11.5	7.0	44.7		RIW2W-3	RIW2W-3	ML	2
XL	45.5 - 47.0	31.0	12.5	7.5	44.7		RIW2W-4	RIW2W-4	MXL	2



All measurements are given in cm and correspond to the size of the insole. The specified shoe sizes are guidelines. The choice of shoe size depends largely on the volume of the respective dressing.

Combination products

DAW (DARCO Achilles Wedges)

Heel Wedges for Walkers

PegAssist® Insole

PegOff-Loading Insole

Devisys® Spikes

Spikes for Heel Area

Puzzle Insole®

Modular Insole

Rain Cover

Rain Protection

Relief Contour Insole

Arch Cushion Insole

Toe Cap

Toe Cap

PegContour® Insole Uni

Universal Peg Arch
Cushion Insole

TwinShoe®

Height Compensation Shoe

More
information



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