

# Push<sup>®</sup> med Foot Brace FP

A new approach in the treatment  
of plantar fasciitis



# An innovation in the treatment of plantar fasciitis.

This innovative brace reduces tension on the plantar fascia when bearing weight on the foot. It is designed to offer pain relief while standing and walking.

Push med Foot Brace FP is based on a taping technique developed by Belgian sports physician Filip Parmentier. His taping method has proven to be highly effective in practice. By connecting the heel and forefoot using strong functional straps, tension on the plantar fascia, is reduced while walking and standing. This unloads the plantar fascia, without applying pressure to the sole of the foot.

The tension on the fascia insertion to the heel bone is reduced, giving the condition time to heal.





**Move freely  
and painlessly  
throughout  
the day, with or  
without shoes.**

Patients can continue daily activities, including sports, while maintaining functional freedom. The brace is worn directly on the foot, so you'll feel support from morning till night, whether you're barefoot, or wearing any type of shoe.

The Push Foot Brace FP relieves pain throughout the day, without interfering with activities and choice of footwear.

# Relieving the plantar fascia in cases of plantar fasciitis and heel pain.

The Push Foot Brace FP relieves the plantar fascia in cases of pain due to plantar fasciitis and plantar heel pain. The brace can be used for acute and chronic cases. This device is intended for adults, for daytime use, and can be used with or without shoes. Users can adjust the brace themselves to ensure the brace is having the intended effect and is comfortable.

## Indications

- Plantar fasciitis
- Plantar heel pain

## Contraindications

Certain medical conditions may be negatively impacted by compression or local pressure, potentially aggravating complaints. For further details, please refer to the instructions for use.



## How does the Foot Brace FP work?

To unload the plantar fascia, an anchor strap is first applied around the forefoot. This strap is designed to remain in place and absorb the pulling force of two functional straps.

The heel portion of the brace, from which the functional straps originate, is then pulled on.

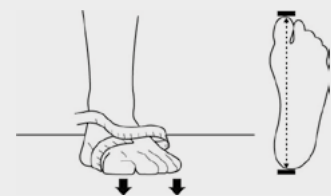
By crossing the functional straps and securing them with some tension to the anchor strap, a stable structure is created. It unloads the plantar fascia when weight is placed on the foot.

This very thin, lightweight, and sturdy brace relieves pain throughout the day, and can be worn with or without shoes.





Versions:	Circumference*:	Length*:	Size:
left and right	21.5 - 23.5 cm	23.0 - 25.5 cm	1
	23.5 - 26.0 cm	23.0 - 26.0 cm	2
	24.0 - 27.0 cm	25.5 - 28.0 cm	3
	25.0 - 28.5 cm	27.0 - 30.0 cm	4



\* Please note: take measurements when weight bearing



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